

UPCOMING EVENTS

- Oct 2** World Communion Sunday
- Oct 9** Deacon's Meeting 2 p.m.
Bridal Shower for Olivia Leapley 3 p.m.
- Oct 10** Carenet Caregiver Support Group 11 a.m.
- Oct 24** Carenet Caregiver Support Group 11 a.m.
- Oct 27** Shelf Indulgence Book Club 1 p.m.
- Oct 28** Parent's Night Out 6-9 p.m.
- Oct 30** Trunk or Treat 6:30-8:30 p.m. (set up 6 pm)
- Nov 6** All Saint's Day
Daylight Saving Time Ends, fall back one hour
- Nov 18** Parent's Night Out 6-9 p.m.
- Nov 20** Choir Practice
- Nov 23** Count Your Blessings Service 7 p.m. (after fellowship meal)
- Nov 27** Advent Begins

Other Upcoming State and Local Ministry Events

Annual Thanksgiving Offering for North Carolina Baptist Children's Homes

Preparations for The 2022 HOPE Toy Store

Wilkes Prison Ministry, Christmas Gifts for the incarcerated

First Baptist Church Weekly Schedule

Sunday Schedule

Sunday School for all ages Sundays at 9:45 a.m.

Join Us for Worship, in person on Sundays at 11 a.m., or online!

Sunday Evenings 4:30-6:30 p.m. First Kids and Youth to resume on Sept. 11th

Wednesday Night Activities Resume Wed., Sept. 7!

4:30 p.m. Early Bird Bible Study

5:30 p.m. Wednesday Night Supper

6:15 p.m. Adult Bible Study

First Kids

Youth

Adult Handbell Rehearsal

7:15 p.m. Chancel Choir Rehearsal

Where to find us: 510 D. Street, North Wilkesboro
(Corner of 6th & D. Streets)

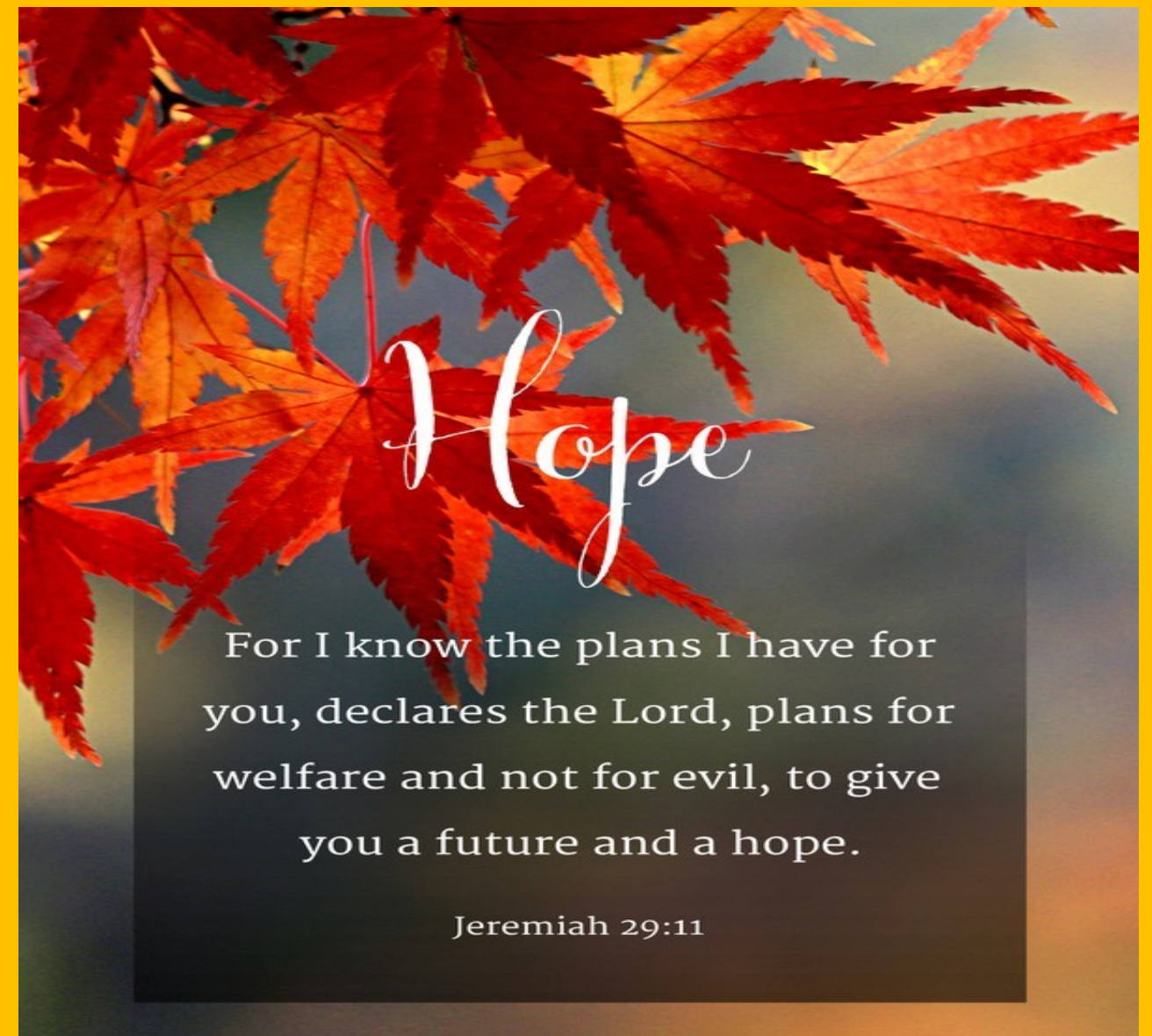
Website: www.firstbaptistnw.org Click on the Worship Services Tab

YouTube: FBC of North Wilkesboro

Follow us on Facebook: facebook.com/firstbaptistchurchnw

The Scope

It's Fall Y'all!



**First Baptist Church
of North Wilkesboro**

510 D. Street
N. Wilkesboro, NC
28659

Bert's Benediction

Live Simply

Love Generously

Care Deeply

Speak Kindly

Forgive Freely

Pray Daily

And Leave the Rest to God

The Scope

Monthly newsletter, October 2022

October 2022

First Baptist Church of North Wilkesboro
Corner of 6th & D. Streets
Mailing Address: PO Box 458, N. Wilkesboro, NC 28659
Office phone: 336.838.5197
Administrative email: katie1fbc@gmail.com

Church Group, Team & Committee Meetings

Book Club

Shelf Indulgence Book Club will meet on Thurs., Oct. 27 in The Gathering Place to discuss *Cloud Cuckoo Land*, by Anthony Doerr. If you would like to be a part of the book club, contact Betty Kilby, or just arrive, all are welcome!

First Baptist Diaconate

The deacons will meet in the large conference room on Sun., Oct. 9 at 2:00 pm.

Prayer Team

The Prayer Team meets on the 1st and 3rd Wednesdays of the month at 4 p.m., in the small conference room. This month, the dates are on Oct. 5th and 19th.

Sloan Circle

The Sloan Circle will meet on Tues., Oct. 11 at 11:30 a.m. in the large conference room.

Alzheimer/Dementia Caregivers' Support Group

The Support Group meets on the SECOND and FOURTH Mondays of the month at 11 a.m. in the Wayland Fellowship Hall. If you know anyone who might be interested in attending these support groups, please encourage them to attend. There is no cost or need to register, and all are welcome. October meetings are on Oct. 10th & 24th.

Musical Musings

You express, when you sing, your soul in song. And when you get together with a group of other singers, it becomes more than the sum of the parts. All of those people are pouring out their hearts and souls in perfect harmony, which is kind of an emblem for what we need in this world, when so much of the worlds is at odds with itself...to express, in symbolic terms, what it's like when human beings are in harmony."

—John Rutter, composer & conductor

Knitting Interest Survey!

Would you be interested in Knitting Group? We would meet once a week for an hour or two, in the Gathering Place, all skill levels welcome! Contact Katie in the church office. (Crocheters welcome!)



October is Pastor Appreciation Month!

What is a Pastor? A pastor is a counselor, a friend, a confidant, a teacher, a leader, a guide in all things spiritual. Who is our pastor? He is all of these things, but also an amazing boss, father, husband, brother, son, and more! Thank you, Bert Young, for your dedication to your church family, both congregants and staff. We know we don't say it enough, but you are loved and appreciated more than you know. This month, we celebrate you! Happy Pastor Appreciation, Bert!



Ladies of the Church

Please join us for
A Bridal Shower

Honoring
*Olivia Leapeley and
Geoffrey Edwards*

Sunday, October 9

3:00 p.m.

In the Wayland Fellowship Hall

Gift Registry:

www.zola.com/wedding/

oliviaandgeoffrey.com



Congratulations parents and grandparents!

*Griffen James Handy
born September 2, 2022 to
Nathan & Kayla Handy*

*Ann Royall
Born September 14, 2022 to
Sean & Natalie Royall*

*Caleb Daniel Pardue
born September 7, 2022 to
Joseph & Emily Pardue*



Welcome new members! On September 18, we had five new members join our church family.

Please add their information to your address books.

Mr. & Mrs. Patrick and Shari Smith

121 Spainhour Street, N. Wilkesboro, NC 28659

Patrick: psmithvols@charter.net

Shari: spdrsmith@charter.net

Patrick: 704-577-9662 Shari: 336-984-8669

Hm: 336-667-0778

Their son, **Ryan Smith** joined, as well

336-466-0709; rtsmith102@gmail.com

Mr. & Mrs. Allen and Jeanie Davis

(Anthony Davis's parents)

1608 Woodrun Dr., Wilkesboro, NC 28697

Allen: 336-469-5552 Jeanie: 336-469-7449

Hm: 336-903-8403

FIRST KIDS AND YOUTH ACTIVITIES

Parent's Night Out

When: Fri., Oct. 28 from 6-9 p.m.

Where: Drop off and Pick up under the Portico entrance, back parking lot

What: A night of fun games, fellowship, food, snacks, crafts, and a movie!

Who: Ages 5-11

Please R.S.V.P. by Oct. 27

A Sign Up Link will be available soon!

TRUNK OR TREAT

When: Sun., Oct. 30 from 6:30-8:30 p.m.

Where: Our parking lot at 5th & D. St.

What: Decorated trunks & Candy, wear your costume!

Who: All are invited! Tell a friend!

(Note: We will NOT have our usual First Kids/Youth time 4:30-6:30 this day only.)

Church Members! You can help make our Trunk or Treat event a success! We are accepting donations of individually wrapped (non-hard candy) candies! Bins are located at the entrances. If you would like to decorate your trunk, please be here by 6 p.m. to set up. Thank you!

A Word from The Pastor Dr. Bert Young

Blessed Are the Peacemakers, for They Will Be Called Children of God (Mt 5:9)

Learning to live together, without viewing others as "the enemy" or "the other," is not only good for The Kingdom and our souls, it is also beneficial to our bodies. It is essential that we learn to live outside the boundaries of US and THEM—politically, theologically, ethnically, nationally, etc.

[Marital therapist John] Gottman calls contempt "sulfuric acid for love." However, it doesn't just destabilize our relationships and our politics. Gottman tells me that it also causes a comprehensive degradation of our immune systems. It damages self-esteem, alters behavior, and even impairs cognitive processing. According to the American Psychological Association, the feeling of rejection, so often experienced after being treated with contempt, increases "anxiety, depression, jealousy, and sadness" and "reduces performance on difficult intellectual tasks." Being treated with contempt takes a measurable physical toll. Those who routinely feel excluded "have poorer sleep quality, and their immune systems don't function as well" as those of people who don't suffer contemptuous treatment.

As important, contempt isn't just harmful for the person being treated poorly. It is also harmful for the contemptuous person, because treating others with contempt causes us to secrete two stress hormones, cortisol and adrenaline. The consequence of constantly secreting these hormones — the equivalent of living under significant consistent stress — is staggering. Gottman points out that people in couples who are constantly battling die 20 years earlier, on average, than those who consistently seek mutual understanding. Our contempt is inarguably disastrous for us, let alone the people we are holding in contempt. From —Arthur Brooks, *Love Your Enemies: How Decent People Can Save America from the Culture of Contempt* (HarperCollins, 2019), 26.

Library News

Special Donation Received

Recently donated to the church library is a beautifully hand written letter by our beloved Dr. John T. Wayland. The letter was written to Annette Battle's grandfather Frank James Hartley, dated January 1, 1951.

Annette is donating this to the library in memory of her mother, Ann Hartley Duncan (1916-1993). This will be displayed in the library, and we encourage you to stop by and view this on your next visit to the church.

Here are Seven Practical Tips for Loving Those Who Might Become Enemies

Stop and Breathe. When we are having "enemy" thoughts are feelings we are most likely angry or afraid. We need to take a step back and examine what is going on inside us.

Switch Places. We need to put ourselves in their shoes, and truly do our best perceive what the other person is sensing, seeing, hearing from me.

Seek to Understand. This is the point of wearing their shoes, but it goes deeper, beyond the moment. Seek to learn and understand the other's life experience and why he/she may think, act, or believe as he/she does.

Seek to Accept. This is a biggie. Once we understand, we need to accept who this person is. After all, just like you and me, the other is a beloved child of God and is entitled to the freedom of self-determination. They have every right to be who they are just as we have every right to be who we are. A whole lifetime has gone into shaping each of our beliefs and personalities.

Forgive and Let Go. Ahhh, you knew it was coming. No amount of bitterness, anger, or revenge can undo the past. But bitterness, anger, and revenge, do irreparable harm to today and tomorrow.

Get to Know "The Enemy." Find something in common. Find something admirable. Dwell there. It is not impossible. Amy Butler, a pastor outspoken for gun control, and a gun enthusiast blogger, clashed online. Then they visited each other's homes, they still do not agree, but they are friends, and they continue to discuss their differences, but they see each other as so much more than rivals and enemies on one issue.

Pray for Your Enemy. Not for their grisly deaths, but for their welfare and happiness. This is the instruction of Jesus, and it is our best tool for having no enemies.

FINANCIAL REPORT & ENDURING GIFTS

Weekly Report September 25, 2022

Designated Receipts	635.00
Budget Receipts	14,332.00
Weekly Budget Needed	9,616.23
Budget needed to Date	375,033.00
Budget Received to Date	378,883.59

Donations to Enduring Gifts/Rainy Day Fund

Memorials

In Memory of Jim Bentley

Given by Babe Faw & Family

In memory of U.W. Foster

Given by Verna Foster

In Memory of Herb McKenzie

Given by Barbara McKenzie

Honorariums

In Honor of Nancy Canter

Given by Barbara McKenzie

In Honor of Bert, Larisa, Tammy, William, Aileen, Mike, and Kitchen Staff

Given by Bettie Braswell

In Honor of Tyler Norwood and Ainsley Young

Given by Lloyd & Kim Sharp

In Honor of The Music Department

Given by Shirley Deal

Harriette and Kathy Compton